

Jackson Local Schools
2015 Federal League Championship
Cross Country Course Preview

Coaches' Instructions

We are very excited to be hosting the FLC meet for the first time since 2000. We finally have a new home course that we have been working on for the past couple of seasons, and we will continue to make improvements over the next couple of years.

The course was designed to be spectator friendly with the start and finish area in a wide open field – you will be able to view a large percentage of the race without much trouble at all. In addition, we wanted the runners to enjoy a true cross country atmosphere so part of the course involves a wooded section.

The middle school course loops around the open field in the beginning, heads off through the woods, and returns to the open field for the final lap. The high school course loops around the field, heads across a stone bridge and travels behind the football stadium crossing back into the woods (thanks to the construction of a wooden bridge). The bridge has a wooden ramp taking you on and off the bridge, however, when you tour the course the “on ramp” will not be attached. Please be advised that you will enter a double gate near the Sauder Elementary playground and then enter a giant gate that allows you access to the woods. Please pay attention to the time schedule we have set for coaches to preview the course, as we cannot open the playground or wooded area gates during school hours (safety concern). Once you cross into the woods, you loop back to the open field, go around it a second time and head back into the woods (2-mile mark) as if you were running the middle school course. Do not cross the stone bridge! Once you cross out of the woods, you travel around the open field into the finish - basically 3 loops around the field, once behind the stadium with woods (this is when you cross both the stone bridge and wooden bridge), and once into the wooded area **without** traveling behind the stadium.

You will notice a very large wooden structure located near the start and finish area. This is an awards platform that we built based on the one in Terre Haute, Indiana, home of the NCAA championships. Please see the attachment on awards as we plan on recognizing the winning teams, top 10 middle school individuals, and top 8 high school runners (1st Team All FL). We plan on having it decorated with the banners of each school, the official FLC logo, past championships teams, and a few other touches.

Important information for previewing the course

1. Please have your buses park on the west side of Jackson Memorial Middle School in the Sauder Elementary Parking Lot. See attached map).
2. The course will be open to preview Monday through Thursday from 3:45pm to 7:00pm and Friday from 3:45pm to 5:00 pm (we have a home football game on Friday).
3. Please be advised that part of the course goes onto the 8th grade practice football field. We ask that on that tiny stretch of the course that you instruct your runners to swing to the outside.
4. If you have specific questions or need clarification, please contact Coach Kevin Walsh through the Jackson High School Athletic Office at 330.837.3501, or email him at kjw2jc@jackson.sparcc.org.